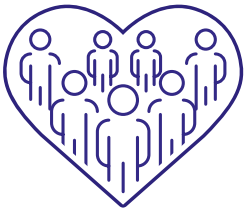


Catholic Charities Serves and Empowers Local Families in Need in 2023



19,678
SERVED



825
VOLUNTEERS

Tackling Food Insecurity



Food for All reduces hunger in rural and urban food deserts, where access to fresh, healthy, food is limited. Over **8,500** people were served with emergency food assistance in Hamilton, Clermont, Brown, Adams, Highland, and Clinton Counties.

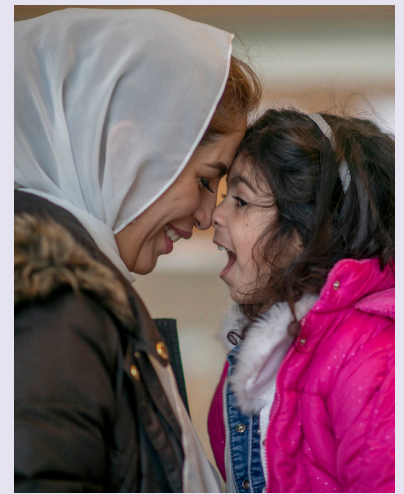
412,087
Total meals served
by Food for All
in 2023.



97% of rural pantry participants feel they are better able to provide nutritious food for themselves and their families.

Providing Comfort & Support to Refugees

Catholic Charities welcomes refugees escaping persecution, war and violence in their homelands and empowers them to build new lives and become self-sufficient. Since 1980, we've resettled thousands of refugees from all over the world in Greater Cincinnati, beginning with refugees from Vietnam during the early years to more recent arrivals from the Democratic Republic of Congo, Bhutan, Syria, Eritrea, Afghanistan, and Ukraine.



249 Refugees
resettled this
past year



a 159%
increase

PRAY

We believe prayer builds a culture of caring and solidarity. Submit your intentions at ccswoh.org/prayers.

LEARN

Get to know our programs and their impact. Check out our website or our YouTube channel.

VOLUNTEER

Join the over **800** volunteers who serve our mission at ccswoh.org/get-involved/volunteer.

DONATE

Catholic Charities and Su Casa can only meet growing needs with your support. ccswoh.org/donate

Welcoming New Neighbors

Through Su Casa Hispanic Center, Hispanic/Latino migrants receive emergency assistance, case management, education, and health promotion services. We help ensure the safety of unaccompanied migrant children. Our Immigration Legal Services support families on pathways to residency and citizenship.

2,834
Emergency assistance services provided by Su Casa

595
Guided through the immigration legal process

1,823
Health consultation services

139
Unaccompanied children served

234
Students in academic and English classes

2,365
Received language interpretation in the community through AccuracyNow



of Case Management individuals served report economic improvement according to the Self-Sufficiency Matrix.

Seniors Serving Seniors

Catholic Charities' Foster Grandparents Program places older adult volunteers in classrooms with children who need extra help. Senior Companions accompany older adults to help them remain independent in their homes. Through our Caregiver Assistance Network, caregivers can learn how to take care of themselves while caring for a family member and gain the valuable resource information they need to care for their loved ones.



90% of Participants reported reduced stress in caregiving.

Foster Grandparents and Senior Companions provided **83,000** hours of service.

Adriana Recovers Her Strength



Catholic Charities saw a dramatic increase in mental health consultation requests in 2023. Adriana*, a client of our mental health services first came to Catholic Charities after she was wrongfully terminated from her job. She was depressed, anxious, and worried about providing for her family. Working with Catholic Charities' bilingual therapist Rosa, Adriana engaged in techniques that helped her transform negative thought patterns and beliefs. She learned to better take care of herself, manage her anxiety, and build on her strengths. Now Adriana proudly shares, "I am happy with who I am today."

**Name changed for privacy*



396 Clients received mental health care through **3,870** sessions.

Olivia is Ready for School

Mental health is a growing concern for people of all ages. Catholic Charities' Early Childhood Mental Health (ECMH) consultations aim to help some of our youngest neighbors



manage stress and form healthy relationships. Olivia* was having severe meltdowns at school. After speaking with the little girl's parents, our consultant learned Olivia had experienced trauma from severe medical procedures as an infant. Our consultant used a technique called "Baby Doll Circle Time" to help Olivia begin building attachments to her teacher and her classmates. That connection empowered Olivia to feel safer and helped end her painful meltdowns.

**Name changed for privacy*

2,253
Children received early childhood mental health consultations.



89% of our Parent Education participants experience an increase in positive family functioning.